









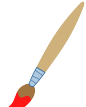



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>Holiday (offices closed) Easter Monday</p>	<p>2</p>	<p>3</p> <p>Springtime Bingo 10-1130am HCC Registration</p>	<p>4</p>	<p>1st Friday 5</p> <p>Seniors Soup 12 - 1pm & Detroit Tigers Home Opener Party 1-3pm Anglican Hall</p>	<p>6</p>
<p>7</p>	<p>8</p> <p>Seniors Coffee & Tea 9-10am HCC Solar Eclipse</p>	<p>9</p>	<p>10</p> <p>Earth Day Garden crafts & seed planting 10am -12pm HCC</p>	<p>11</p>	<p>12</p> <p>Seniors Coffee & Tea Drop-in 9-10am HCC</p>	<p>13</p>
<p>14</p>	<p>15</p> <p>Seniors Coffee & Tea 9-10am HCC</p>	<p>16</p> <p>Seniors Health Promotion Lunch-n-Learn 12-1pm Anglican Hall *Registration with Margo</p>	<p>17</p> <p>Canada Film Day 130-3pm HCC</p>	<p>18</p>	<p>19</p> <p>Seniors Luncheon 12-1pm Thunderbird Plaza CKCHC Walpole Site</p>	<p>20</p>
<p>21</p>	<p>22</p> <p>Seniors Coffee & Tea 9-10am HCC Earth Day</p>	<p>23</p>	<p>24</p> <p>Painted Garden Ceramics 130pm - 3pm HCC Registration</p>	<p>25</p>	<p>26</p>	<p>27</p>
<p>28</p>	<p>29</p> <p>Seniors Coffee & Tea 9-10am HCC</p>	<p>30</p> <p>Seniors Walking Group 10-10:30am Meet at Algonkin Sr's parking lot</p>	 <h1>April 2024</h1> <p>Walpole Island Home & Community Care 519-627-8421 115 Tahgahoning Rd. Walpole Island First Nation, On N8A 4K9 https://www.facebook.com/WIFNHCCP/</p>			

SENIORS ACTIVITY PROGRAM - Brandie: ext. 242 blucier@wifn.org **Lisa:** ext. 334 lisa.soney@wifn.org

SENIORS HEALTH PROMOTION PROGRAM- Margo: ext. 347 margo.smith@wifn.org

<p>April 3rd</p>		<p>Springtime Bingo *Registration max. 15 participants</p>	<p>Join in for a good game of baaknaage! Light snacks and refreshments provided</p>
<p>April 5th</p>		<p>First Friday Seniors Soup & Sandwich</p>	<p>Chili, hot dogs, fresh fruit cups, cucumber slices and beverages</p>
<p>April 5th</p>		<p>MLB Detroit Tigers Home Opener Party Gameday radio broadcast vs. Oakland A's</p>	<p>Let's celebrate baseball season with the first pitch at 1:10pm Complimentary concession stand with ballpark themed snacks/beverages while we listen to the game - retro style!</p>
<p>April 9th</p>		<p>Earth Day Crafts & Seed Plantings</p>	<p>We're repurposing and making garden crafts from recycled materials. Light snacks & refreshments provided</p>
<p>April 8, 12, 15, 22, 29</p>		<p>Seniors Coffee & Tea *new series</p>	<p>Drop-in for a friendly visit and let's start the week with a good cup of your favourite</p>
<p>April 16th</p>		<p>Seniors Health Promotion Lunch & Learn *Registration with Margo</p>	<p>Guest presentation provided by: Adrianna Rytter, Certified Dietician from CKCHC Topic: Healthy Snacks</p>
<p>April 17th</p>		<p>Canada Film Day</p>	<p>Movie style snacks and treats provided</p>
<p>April 19th</p>		<p>Monthly Seniors Luncheon</p>	<p>Corn soup, turkey club sandwich and dessert Transportation available for HCC clients (limited seating)</p>
<p>April 23rd</p>		<p>Painted Garden Ceramics *Registration -max. 8 participants</p>	<p>A variety of springtime themed pieces ready for a relaxing afternoon of painting. Light snacks and refreshments provided.</p>
<p>April 30th</p>		<p>Seniors Walking Group *new season</p>	<p>Try our leisurely route along the riverfront for the health benefits of time spent outdoors. All abilities welcome</p>